

Philosophy and Recovery Oriented Psychiatric/Psychosocial Rehabilitation (RO-PSR)

- Dr. Abraham Rudnick
Associate Professor, Department of Psychiatry
Member, Maurice Young Centre for Applied Ethics
University of British Columbia;
Medical Director, Mental Health and Substance Use
services
Head, Department of Psychiatry
Vancouver Island Health Authority
Email: harudnick@hotmail.com

Disclosure

- No identified conflict of interests.

Objectives

- Enhance knowledge of philosophical aspects of RO-PSR
- Enhance awareness of practice implications of philosophical aspects of RO-PSR
- Enhance awareness of leadership implications of philosophical aspects of RO-PSR
- Enhance awareness of research implications of philosophical aspects of RO-PSR

Philosophy: An Introduction

- Metaphysics and ontology (what exists and why), e.g., critical realism.
- Epistemology and philosophy of science (what and how can we know), e.g., critical rationalism.
- Ethics and political philosophy (what should we do and why), e.g., principlism.
- Aesthetics and philosophy of art (what should we like and why), e.g., inter-subjectivism.

RO-PSR: An Introduction

- Recovery of people with mental health challenges is a complex notion (Rudnick 2012), referring to clinical recovery (re symptoms and other outcomes) and to personal recovery (as processes of seeking and having a personally meaningful life and valued social roles).
- Recovery oriented (RO) mental health services are person centered (Tondora et al 2014) and community focused (Nelson et al 2014) as much as possible.
- A person centered approach in mental health services includes being person focused, person driven, person sensitive, and person contextualized (Roe & Rudnick 2014, pp. 9-12).
- RO Psychiatric/psychosocial rehabilitation is a set of mental health services that enhance success and satisfaction of people with serious mental illness (SMI) in their environments of choice (Anthony et al 2002).

Philosophical aspects of RO-PSR

- Epistemological: Recovery of people with SMI as self-organization processes (Rudnick 2008).
- Ethical: RO-PSR as incompatible with coercion (Rudnick 2007).

Practice Implications

- Culture of RO-PSR practice has to be RO, e.g., including related education of, and standards for, psychiatrists and other involved physicians (Rudnick & Eastwood 2013).

Leadership Implications

- Person centered, evidence informed, and socially responsible PSR leadership (Rudnick 2014a).

Research Implications

- Mixed (quantitative and qualitative) methods comparative PSR research (Rudnick 2014b).

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